Methodology for Biblical Counseling II

Session 1	**Reviewing the Biblical Model**
Session 2	**In the Beginning was the Assessment**
Session 3	**Evaluation – Giving Direction**
Session 4	**Fear – Anger – Depression**
Session 5	**Counseling the Grief Stricken**
Session 6	**Parenting Principles for Counseling**
Session 7	**Biblical Reconciliation**
Session 8	**Special Concerns**

Revised January 2008

Christian Counseling & Training Center

The Christian Counseling & Training Center (CCTC) was established in 1981 in order to assist the local church with the task of training biblical counselors and to provide a biblical counseling service to the Richmond community-at-large. The law of Christ to "bear one another's burdens" (Galatians 6:1-4) calls every Christian to become equipped for the work of encouraging others in the midst of the struggles of life (II Corinthians 1:3-4; Colossians 3:16).

CCTC seeks to aid the church in the area of training by offering courses, advanced training in the development of Biblical counseling skills, and seminars which are designed to teach the principles and skills of biblical encouragement. This instruction focuses on the application of biblical principles to the personal and interpersonal problems which people face in the course of daily living.

CCTC offers assistance to the entire community by providing biblical counseling on a donation basis to those who seek assistance. Consultation is also available to pastors and other leaders in the church who are actively involved in counseling .

The financial support of CCTC comes primarily from gifts offered by counselees, students, local congregations, and friends in the community. Tuition for courses is kept at a minimum so as to enable as many as possible to be trained.

Because the demand for our services increases dramatically each year, we constantly face the need to increase our monthly support from the community. We know that you, and many others who have been substantially assisted by CCTC, would like to see the services of this ministry expand. Please consider how you as an individual could help in the financial support of this ministry, so that others might receive the benefits of biblical counseling and biblical training.

A more detailed account of financial information in regard to the Christian Counseling & Training Center is available upon request. CCTC is a member of the Evangelical Council for Financial Accountability.

A financial statement is available from the State Division of Consumer Affairs.

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INTRODUCTION

Purpose of the Course:

1. Develop a greater awareness of the Holiness of God.

2. Develop a greater awareness of our sin against God.

3. Develop an awareness of the depth of God's grace.

4. Develop a deeper appreciation for God's grace toward us.

5. Develop a greater awareness that the glory of God is the primary purpose of man.

6. Develop a greater degree of submission to God's Kingdom by learning how to demonstrate the love of God in the context of personal relationships.

7. Develop a basic method of Biblical counseling.

Structure of the Course:

1. Each session 90 – 120 minutes

2. Lecture, workshop, case studies, weekly homework

3. Opportunities offered to apply principles within the context of working with case studies, and for those in BTP, student homework and counseling sessions.

4. Examinations – Scripture quizzes and final on content of course

5. Cancellation Policies
In the case of bad weather, cancellations will be posted on our website and at www.nbc12.com.

HOMEWORK ASSIGNMENTS

Weekly homework assignments will be given that are designed to assist you in the process of learning to "love the Lord your God with all your heart, and with all your soul, and with all your mind." and "to love your neighbor as yourself" (Matthew 22: 34 -40). It is our sincere prayer that these will not be exercises in busy-work, but that they will be used by the Spirit of God to help each of us become more thoroughly "conformed to the image of His Son" (Romans 8:29)

Biblical Study Assignments

Each week you will be asked to study passages of Scripture which relate to the upcoming lecture. These verses need be studied, personally applied and made available for use in counseling. The amount of impact that this course will have on your life will be directly related to the amount of time you give to the task of studying and applying the Scripture.

Reading Assignments

In this course there is one outside reading requirement, ***When God Weeps*** by Joni Eareckson Tada and Steven Estes. This will require the reading of approximately 30 pages weekly. This reading will be of great benefit. Study questions will be provided for each section to be read. Answers to these questions should be written out and handed in from week to week. Throughout the course it is recommended to maintain a list of important points helpful for counseling analysis and execution.

Biblical Training Program

Please see the Training Path and Guidelines (Supplement A-1) to review your progress. You will be responsible for maintaining your BTP Completion Record (Supplement A-2) and submitting it to your mentor.

Counseling Assignments

Counseling related questions and case studies will be used to prepare students for classroom discussion. (BTP trainees – You will also be involved in grading a student homework paper and/or in counseling.)

Personal Applications

You will be asked to answer personal questions relative to the lecture and homework assignment. We are not looking for right answers, but for the real ones.

May the Lord bless your efforts as you seek to "grow in the grace and knowledge of our Lord and Savior Jesus Christ. To Him be the glory both now and to the day of eternity. Amen." (II Peter 3:18)

HOMEWORK POLICIES

1. A student must complete all homework to pass the course.

2. A student should complete and hand in all homework weekly beginning with Session

3. If a student hands in a late homework, the teacher will read and grade the homework but will not necessarily put comments on the paper.

5. The homework for *Session 8* should be completed and handed in within one week of the last class.

6. An evaluation of the student's progress in this class will be returned to the student with the homework for the last class.

7. If at all possible, papers should be typed. Please do not use pencil.

8. All grading will be done by the instructor and/or qualified graders. Confidentially will be respected.

OBJECTIVES

1. Define, establish, and reconfirm importance of a scriptural based counseling approach.

   "All scripture is inspired by God and is profitable for teaching, for reproof, for correction, for training in righteousness, that the man of God may be adequate, equipped for every good work."

   2 Timothy 3:16-17

2. Teach how to analyze the need of another, to plan a strategy, and to admonish and teach a counselee in love.

3. Instruct how to apply Scripture to our daily lives and "bridge the gap between faith and life".

4. Teach how to plan and manage a counseling case including in session and between session work.

5. Encourage the continued growth of each student in the knowledge of Scriptures and the understanding of the Gospel of Jesus Christ.

6. Help in the process of ever-increasing knowledge of God and His glory.

7. Direct each student to be counselors of hope, who graciously walk alongside of others.

"I pray that the eyes of your heart may be enlightened, so that you may know the hope of His calling and what are the riches of the glory of His inheritance in the saints, and what is the surpassing greatness of His power toward us who believe. These are in accordance with the working of the strength of His might which He brought about in Christ, when He raised Him from the dead, and seated Him at His right hand in the heavenly places."

Ephesians 1:18-20

Session 1 - Reviewing the Biblical Model - CCTC

I. Overview of course

II. Review

A. The Church – Supposed to be good
B. The World – Supposed to not be hypocrites, just tolerant…of Babylon!
C. Our Calling – Supposed to be *imagers* of the living God

III. Our Common Problem – A wayward heart!

Look to the Heart – What you Worship Controls You!
Lk.6: 43-45
Psalm 86:11
Ezek. 14:1-5

It begins with our Passions…Idolatry linked here

A. Needs…
B. Greeds…
C. _____ …The foundational falsehoods and lies

(Ill.) Lord of the Rings… "Precious"

IV. What is Biblical Counseling?

A. Defined
A theological based counseling system using Scriptures as its basis of encour agement, healing, analysis, direction, admonishment, confrontation, discipline, and maturity.
B. Comfort with comfort
C. Adaptable
D. To Please Him

Fulfilling our ministry - ***Bear one another's burdens and thus fulfill the law of Christ*- Gal. 6:2**

Seven Fold Process – 7 I's (see page 27)

V. Building a Case - Data

Goal of data…to find the heart…

Type of Questions -

Case Study: Man comes for counseling…Wife left him. "I'll do anything to get my wife back!"

What do your know? Analyze using the Circle Model (Supplement 1.1)

VI. The Objectives for Scriptural Homework – II Timothy 3:16, 17

A. - John 8:31-32
B. - Galatians 3:23,24
C. - I Thess. 5:11-15; II Tim. 4:1-4
D. - I Tim. 4:6-16

VII. Model for Change

A. Confession - Agree with _____
B. Forgiveness - Seek _____
C. Repentance – Change of _____
D. Change – Change of _____

VIII. Long Term Objectives: A Call to Lifestyle of Obedience

A. Romans 8:1-17

B. Hebrews 12:5-11

IX. Necessity of God's Resources (see page 28)

A.

B.

C.

D.

X. Signs of Change

A. Isaiah 6:1-13 Holiness → Sin → Grace → Gratitude

B. Psalm 51:1-19

C. Matthew 5:3-16

HOMEWORK FOR SESSION 2

ALL HOMEWORK SHOULD BE HANDED IN WEEKLY

SCRIPTURES TO LEARN

Romans	8:28-29
Proverbs	17:3
II Corinthians	1:3-11
Phil.	2: 13
Jeremiah	29:11

READING ASSIGNMENT

Read Chapters 1– 6 in *When God Weeps* by Eareckson Tada and Estes.

Write down the points in this week's reading that can help you in counseling. Refer to the 7 – Fold Process and any other model used in MBC I. (See exam ple on page 27). (There are no assigned number of examples… this is for your benefit.)

(Example: Joni mentions that all people suffer. This helps me with Involvement with my counselee since we both can comfort one another and speak honestly about our struggles…)

COUNSELING ASSIGNMENT

Review the Counseling Application that was handed out to the class (Supplement 2.1). Come prepared to review the application of this person.

BTP trainee – Meet with students and pick up Session 2 homework.

PERSONAL APPLICATION

Review the eight session titles listed on page 1. Consider which session would best describe where God is working now in your life and why you think this is true.

Also, what do you personally want to gain most from this course?

Session 2 - *In the Beginning was the Assessment* - CCTC

Review:

I. Definitions

A. What an Assessment is…

B. What an Assessment is not…

II. Assessment Model

A. Prayer

B. Presentation of Goal

C. Review Counseling Application - PDI

D. Presenting Problem

E. Provide Hope

F. Point in Right Direction

G. Plan for Next Week's Session (if applicable)

III. Review Homework for Next Week's Class and Case Study

HOMEWORK FOR SESSION 3

ALL HOMEWORK SHOULD BE HANDED IN WEEKLY

SCRIPTURES TO LEARN

Romans	5:3-4
Proverbs	1: 7
II Corinthians	12:9
Philippians	1:6
James	1:2-8
Hebrews	12:4-13
Jeremiah	29:11

READING ASSIGNMENT

Read Chapters 7 – 8 in *When God Weeps* by Eareckson Tada and Estes.

Write down the points in this week's reading that can help you in counseling. Refer to the 7 – Fold Process and any other counseling model used in MBC I. (See example on page 27.)

COUNSELING ASSIGNMENT

Read review sheet on Assessments (Supplement 3.1) and answer questions on Assessment Review (Supplement 3.2).

Come prepared to do an assessment on this case.

A Christian man, Bob Normal, contacts you for help. He and his wife have had a difficult marriage for years including times of separation. His wife recently was diagnosed with cancer and has little chance of more than 8 months to a year to live. His guilt is to the point of despair. "Will you help me?", he asked, "my pastor wants me to go to the shrink to get a prescription. Please help me."

(See Supplement 3.3)

BTP trainee – Return graded homework to students. Pick up next session.

PERSONAL APPLICATION

How has the book impacted your thinking on suffering so far?

Session 3 - *Evaluation – Giving Direction* - CCTC

Review

I. Live Assessment – "Bob Normal" (See Supplement 3.3)

A. Observation of an Assessment – One Case Study

Use the *Counseling Assessment Summary* form (Supplement 3.5) for data and analysis. **Record on the form** – Examples of good assessment technique & bad form. Write down questions that you wished were asked.
This exercise will not be turned in

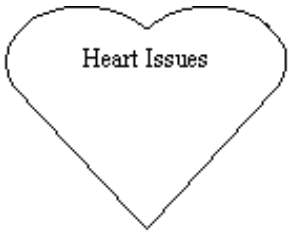
B. Note: Not all of the points of the assessment will be covered.

C. We will have a time of discussion after.

II. From Here We Go

A. After the assessment

B. Remember the Biblical Model



III. Weekly Counseling Record (Supplement 3.4)

IV. Weekly Case Summary Form (Supplement 3.6)

A. Filled in following every session
B. May use a form or data kept in notes
C. Includes the following points:

Session Summary
Evaluation of Session
Use of Scripture
Future Agenda
Homework Assigned

V. Final Summary Form (Supplement 3.7)

A. Completed following end of case
B. Form needs to be used
C. *This is the form that is mailed if a case file is requested.*
D. Points included:
E. Note: The *Evaluation of the Counseling Process* section is handled elsewhere at CCTC
F. See *Sample* for examples

VI. Guidelines and Responsibilities for Counseling Teams (Supplement 3.8)

HOMEWORK FOR SESSION 4

ALL HOMEWORK SHOULD BE HANDED IN WEEKLY

SCRIPTURES TO LEARN

Proverbs	10:12	Romans	8:15
Proverbs	16:19	Romans	8:31-39
Proverbs	16:33	II Timothy	1:7
Proverbs	21:1	Psalm	56:3-4
II Corinthians	12:7	Philippians	3:20-21
Hebrews	3:13	James	1:19-20
Matthew	10:28	Ephesians	4:26
Philippians	4:6-7	Psalm	42:5-6
II Corinthians	4:16-18		

READING ASSIGNMENT

Read Chapter 9 in *When God Weeps* by Eareckson Tada and Estes.

Write down the points in this week's reading that can help you in counseling. Refer to the 7 – Fold Process and any other counseling model used in MBC I. (See example on page 27.)

COUNSELING ASSIGNMENT

Study I John 4:18. Write a paragraph describing how this verse impacts Fear – Anger – Depression.

Review Genesis 3 and 4. What model for fear and anger do we glean from these chapters?

BTP trainee – Return graded homework to students. Pick up next session.

PERSONAL APPLICATION

Which is more significant to you when you suffer… your position in Christ or your desires of the flesh? Please explain.

Session 4 - *Fear – Anger – Depression* - CCTC

Review:

I. Emotional Difficulties

Fear - (See Supplement 4.1) A distressing emotion **aroused** internally by an impending pain, danger or evil, or by an illusion of such … Key thought:

Anger – High-energy emotion **expressed** both actively and passively for the purpose of dominating and controlling the outcome of life's circumstances. Can be physic cal, verbal, or seen through antisocial behavior…drugs, pornography, procrasti nation, insomnia, etc. Key thought:

Depression – Emotional numbness, weight changes, sleep changes, energy changes, concentration problems, feelings of worthlessness, guilt, hopelessness, thoughts of death. Key thought:

II. Issues of Inner Man-Outer Man

A. Inner Man – heart, mind, soul, spirit, conscience

B. Outer Man – the material substance of the person.

C. Emotions reveal something about the "self" … **window to the heart**

1. I Peter 1:7
2. Proverbs 17:3
3. *Red Light on Dashboard*

III. Common Causes

The body of man does not cause one to sin.
Relate to issues of _____

A. Control …
B. Law …
C. Performance …
D. Fairness …
E. Arrogance …
F. Very "Need" based …

IV. Issues to Address

Passions, Purpose, Goals, Priorities

1. Needs –
2. Greeds –
3. Seeds **–**
4. Deeds –
5. Leads –

V. A Counselor's Approach

II Corinthians 1:3-11
II Timothy 2:24-26
I Corinthians 10:12
Galatians 6:2

A. How to Teach

1. Love
2. Speak the Truth
3. Gentle
4. Homework with Application
5. Lead to Change
6. Use Resources
7. With Patience and Trust

B. What to Teach – *Remember, the CE is not getting along with God right now.*

1. Who is God?
2. What is He like?
3. The Whole of the Gospel
4. The Work of Jesus Christ
5. The Model of Jesus Christ
6. Our Eternal Inheritance

C. How to Organize

1. Is the person a believer?
2. Does he/she understand his/her purpose? The Gospel? Etc?
3. Plan ways that he/she can bathe himself/herself in the resources.
4. Guide him/her to apply new truth to his/her own life.
5. Be prepared to have regular confession and repentance…with forgiveness.
6. Outline practical steps to love others and obey God's Word.

A Case Study – For Session 5

A middle-aged salesman, Steve, comes to you for counseling. Things are not right in his life and he requests help to sort it out. "Life has not turned out the way I thought it would". Sales are down. Finances are tight. Son is not doing well in school. To top things off, Steve recently began to have back pain due to what he called "medical incompetence"! He is in constant pain and suffers day and night. So much so that many days he cannot even work at all. "And that is not good when you are self employed!" Steve is considering a malpractice suit.

List all emotions
Explain cause of emotions
Discuss inner man - outer man issues
What is revealed of the heart?
Describe how you would approach
What do you think is his primary need to learn?

HOMEWORK FOR SESSION 5

ALL HOMEWORK SHOULD BE HANDED IN WEEKLY

SCRIPTURES TO LEARN

Psalm	6:3-4	Psalm	13:1-3
Psalm	30:11-12	Psalm	73
Matthew	10:29	John	14:1-4
Romans	14:8	Philippians	3:8
I Peter	1:3-5	Revelations	21:1-4

READING ASSIGNMENT

Read Chapter 10 in *When God Weeps* by Eareckson Tada and Estes.

Write down the points in this week's reading that can help you in counsel ing. Refer to the 7 – Fold Process and any other counseling model used in MBC I. (See example on page 27.)

COUNSELING APPLICATION

Read John 11:1-44. What does Jesus' interaction with Mary and Martha teach us about grief counseling? (write at least a paragraph).

A middle-aged salesman, Steve, comes to you for counseling. Things are not right in his life and he requests help to sort it out. "Life has not turned out the way I thought it would". Sales are down. Finances are tight. Son is not doing well in school. To top things off, Steve recently began to have back pain due to what he called "medical in competence"! He is in constant pain and suffers day and night. So much so that many days he cannot even work at all. "And that is not good when you are self employed!" Steve is considering a malpractice suit.

Consider for class discussion … emotions exhibited, cause of emotions, inner – outer man issues, how you see the heart, your initial approach in counseling, and his great est need.

BTP trainee – Return graded homework to students. Pick up next session.

PERSONAL APPLICATION

Write your own lament for a loss you have experienced. See notes on Laments (Supplement 5.1)

Session 5 - *Counseling the Grief Stricken* – CCTC

Review

Case Study

A middle-aged salesman, Steve, comes to you for counseling. Things are not right in his life and he requests help to sort it out. "Life has not turned out the way I thought it would". Sales are down. Finances are tight. Son is not doing well in school. To top things off, Steve recently began to have back pain due to what he called "medical incompetence"! He is in constant pain and suffers day and night. So much so that many days he cannot even work at all. "And that is not good when you are self employed!" Steve is considering a malpractice suit.

List all emotions, Explain cause of emotions, Discuss inner man outer man issues, What is revealed of the heart, Describe how you would approach, What do you think is his primary need to learn?

Counseling the Grief Stricken

I. Defining Grief

A. Distress due to loss. Deprived of something; feelings of being robbed of a possession or use of something needed, wanted, or expected.

B. Loss … Something valued is irretrievable; out of my control.

C. Revealing my inability; lack of control.

D. What is lost may or may not be real … may not be ours to lose.

E. Pattern:

FEAR – ⇨ ANGER - ⇩ DEPRESSION ⇦ GRIEF -

F. Typical flow:

G. Typical Response:

H. Examples:

II. What Counselors Witness

A. Aspects of Grief

Shock and Crying
Guilt
Hostility
Feelings of Abandonment
Restless Activity
Normal Activity Loses Importance
Identification with Deceased
Loneliness

B. Aspects of the Terminally Ill
- Denial
- Anger
- Bargaining
- Depression
- Acceptance

C. "Grief Work"
- Emancipation from Deceased/Loss
- Adjustment to Life Without
- Making new Relationships, Attachments, Plans, Etc.

III. An Approach

We teach to look for the heart… Consider **How We Relate**

A. Empathy … Romans 12:15

B. Acceptance

C. Clarify Feelings

D. Listening

Sensitivity in the presence of grief should usually make us more silent, more listening. "I'm sorry" is honest; "I know how you feel" is not – even though you may have experienced the death of a person who had the same familial relationship to you as the deceased person had to the grieving one. If the person feels that you can understand, he'll tell you. Then you may want to share your own honest, not prettied up feelings in your personal aftermath with death. Don't try to prove anything to a survivor. An arm about the shoulder, a firm grip of the hand, a kiss; these are the proofs grief needs, not logical reasoning. I was sitting, torn by grief. Someone came and talked to me of god's dealings, of why it happened, of hope beyond the grave. He talked constantly, he said things I know were true. I was unmoved, except to wish he'd go away. He finally did. Another came and sat beside me. He didn't ask leading questions. He just sat beside me for an hour and more, listened when I said something, answered briefly, prayed simply, left. I was comforted. I hated to see him go." (Joe Bayly – A View from A Hearse)

E. Avoid Faulty Reassurances

F. Maintain Honesty Without Condemnation

G. Re-Establish Hope
- a. Resources of God … Romans 15:4
- b. Speak Truth
- c. Willing to Shift Gears
- d. Patience
- e. Contact
- f. Serve
- g. Follow up

Remember … the same questions being asked … Who is in control? … (God is)
What is He like? … (He is good)

Joni quote … "I have learned that the weaker we are, the more we need to lean on God, and the more we lean on God, the stronger we discover Him to be. God has used my quadriplegia to teach others and me through me, that in our weakness, He is strong.

And he said unto me, "My grace is sufficient for thee; for my strength is made perfect in weakness. " Most gladly therefore will I rather glory in my infirmities that the power of Christ may rest upon me. **II Corinthians 12:9**

HOMEWORK FOR SESSION 6

ALL HOMEWORK SHOULD BE HANDED IN WEEKLY

SCRIPTURES TO LEARN

Matthew	28:18-20	Psalm	127:3-5
Romans	1 and 2	Proverbs	1:7
II Corinthians	5:20-21	Proverbs	22:6
Ephesians	6:1-4	Proverbs	29:17
Deuteronomy	6:4-7		

READING ASSIGNMENT

Read Chapter 11 in *When God Weeps* by Eareckson Tada and Estes.

Write down the points in this week's reading that can help you in counseling. Refer to the 7 – Fold Process and any other counseling model used in MBC I. (See example on page 27.)

COUNSELING ASSIGNMENT

How does "contentment" relate to parenting? What part does contentment play in regards to parents and children?

BTP trainee – Return graded homework to students. Pick up next session.

PERSONAL APPLICATION

On a scale of 1 – 10 … while considering your answer to the homework in Session 2, where are you on the "contentment scale"?

Session 6 - *Parenting Principles for Counseling* - CCTC

Practice Quiz

1. Who is closer to Christ?
   a. She makes mistakes sometimes, but tries to be good.
   b. She is not going to do it your way and tells you about it!
   c. He read his Bible, goes to church, and attends every meeting.
   d. He always seems to be good.
   e. He tells you he wants to go into the ministry.

2. A good parenting goal is to have godly children. (True – False)

3. Parents have the responsibility to raise children in a godly manner. (True – False)

4. Explain briefly how do parents produce godly kids? (Short answer)

5. If the parent dominates or manipulates his/her child where is the parent's focus?

6. In this case how will the parent's use the Law?

7. How will the children view their parents?

8. What emotions result if the parent's goal seems unreachable?

9. What emotions result if the parent reaches this goal?

10. How does God view this strategy?

I. Romans 1-2 Model

(At this point read Romans Chapter 1 and 2)

Romans 1	**Romans 2**
↓	↓
Independence	Control
↓	↓
Sinful behavior	"Good"
↓	↓
Honesty	A Lie
(Heart & Body Congruent)	(External Goodness/Internal Corruption)
Hopelessness	Failure Fruit of the Flesh (Gal.5)

Points:
A. The purpose of parenting is _____
B. The parent's responsibility is _____

1. Teach
2.
3.

C. Parenting is the _____!

II. Biblical Considerations

A. Cultural difficulties
1.
2.

B. Needs of Kids
1. Grace
   a. Gracious Family Structure
   b. Instruction/Admonition
   c. Discipline
2. Destroying the Family Idols
3. Modeling Christ
4. Demonstrate the Gospel of Grace

Remember… *Whose kids are they anyway*?

C. Children move from Foolishness >
Dependency >

D. A child is a created work!
Proverbs 22:6 - *Raise up a child in the way he should go…he will not depart from it!*
A mystery! A work in process.
Proverbs 17:3 – A lump of gold

E. Resources:
Body of Christ
Word of God
Prayer
Holy Spirit

F. Humble Parents not _____ _____ !

III. Summary: Deut. 6:1-25

Scripture: Deut. 6:1-25

Objectives: Develop character—Prov. 17:3; Heb. 12:11
Great Commandment – Deut. 6:1-9; Matt. 5:3-16
Discipleship/Submission – Matt. 28:18-20
Fear of the Lord – Eph. 6:4; Prov. 1:7

Means: Modeling the Truth Yourself
Deut. 6:20-25 – _____ **>** Questions **>** _____

Remember: Children are symptomatic of the state of the marriage.
The state of the marriage is symptomatic of the heart of the parents.

With small child…work with parents
With young adult…work separately

Remember: Trials reveal heart… "God, show me through the lives of my children **my heart**"
Goal is not perfect children, or marriage, or parent, but _____

As in all relationships, the choice is Ministry or Manipulation

HOMEWORK FOR SESSION 7

Biblical Reconciliation (based on *Responding to Conflict Biblically* by Peacemaker Ministries, Supplement 7.1)

SCRIPTURES TO LEARN

1. Matthew 5:9 - You are blessed when you can show people how to cooperate instead of compete or fight. That's when you discover who you really are and your place in God's family. (*The Message*) Read Matthew 5:9 in three other translations or versions and meditate on what it means to be a peacemaker.
2. Memorize Matthew 5:23,24 and Matthew 18:15 in any translation you prefer.
3. Read I Samuel 25:4-31.

READING ASSIGNMENT

Read Chapter 12-13 in *When God Weeps* by Eareckson Tada and Estes.

Write down the points in this week's reading that can help you in counseling. Refer to the 7 – Fold Process and any other counseling model used in MBC I. (See example on page 27.)

COUNSELING ASSIGNMENT

Read the following scenario closely and make a list of the (stated or not) possible motivating factors of each participant.

Jeff and Will are both Christians, but do not attend the same church. They work for the same advertising company. Will has been there for 17 years and has recently been promoted to head of the print division. Jeff was employed in the mail-room for two years; but when a supervisor saw a cartoon he had drawn, he was given a position producing artwork for print ads. He has been successful in the print division for five years. He is very happy now to hear that his new supervisor (Will) is a Christian. Jeff has never worked for a Christian before, but looks forward to the experience.

When Jeff's artwork for a new account is submitted to the client for approval, the client complains loudly and harshly about Jeff's "boring" work. The client, a bottled water company official, wants artwork that is "exciting, edgy, provocative." Jeff is offended by the rejection of his work and says, "this guy wants to use sex to sell water." Jeff refuses to work on the account and appeals to his Christian supervisor, Will, to back him up. Instead, Will asks him to stay late in order to provide new drawings for the account and still meet the deadline. Jeff threatens to quit.

BTP trainees – Return graded homework to students. Pick up next session.

PERSONAL APPLICATION

Explain why suffering is worth it or not worth it to you.

Session 7 - *Biblical Reconciliation*

I. Why be a peacemaker?

II. Review of Peacemaker *Slippery Slope* diagram

A. Escape Responses
B. Attack Responses
C. Conciliation Responses

III. Coaching one party in a conflict

IV. Four G's of Peacemaking

A. Glorify God
B. Get the log out of your own eye
C. Go and show your brother his fault
D. Go and be reconciled

V. Four Promises of Forgiveness

A. I will not think about this
B. I will not bring this incident up
C. I will not talk to others
D. I will not allow this incident to stand between us

VI. Coaching

HOMEWORK FOR SESSION 8

SCRIPTURES TO LEARN

Deuteronomy	28:28-34	Ephesians	6:10-20
Daniel	4:1-37	I Peter	5:8-9
II Corinthians	4: 7-16	John	8:31-34

READING ASSIGNMENT

Use this time to finish your homework and prepare for the Test.

COUNSELING ASSIGNMENT

Write a book report on *When God Weeps* by Eareckson Tada and Estes. It should be brief… 1-2 pages and cover the following points:

1. A brief summary of what is written
2. A general outline of the book's major points
3. A description of how this book can benefit a Biblical counselor
4. A brief statement of the impact of this book on you personally
5. A critical response to the book. I want both positive and negative feedback… " I liked this because...I disagree due to this fact…" Please cite Scripture.

BTP trainee – Return graded homework to students. Pick up next session. Inform instructor of student's grade.

PERSONAL APPLICATION

How has this course impacted you personally? How do you see counseling differently? The same? Further comments are appreciated.

Please Note:

1. If you want this homework assignment returned, please include a self-addressed, stamped envelope. Make sure the envelope is large enough and has enough stamps!

2. Please fill out your "Course Evaluation" and hand it in at the end of class. Thank you!

"The Lord bless you and keep you;
The Lord make His face shine on you and be gracious to you;
The Lord lift up His countenance on you and give you peace."
Numbers 6:24-26

Session 8 - *Special Concerns* - CCTC

Preliminaries:

Test
Reminders: Evaluation

I. What are Special Concerns?

II. Physiological Influences

III. Psychosis

IV. Satanic Influences

SEVEN FOLD PROCESS OF BIBLICAL COUNSELING

I. INVOLVEMENT

A. Prayer
B. Introductions
C. Review ground rules
D. Clarification of counselee's goals for counseling.
E. Listen

II. INSPIRATION

A. Hope
B. God's Love and Grace

III. INVESTIGATION

A. Gather information
B. Gain understanding of the counselee's relationship with the Lord

IV. INTERPRETATION

A. Review of data
B. Identify and isolate the problem.

V. INSTRUCTION

A. Explain Biblical concept of change
B. Give Biblical solutions
C. Call to accountability
D. Seek response
E. Response indication of attitude/heart.

VI. INTENTION

A. Clarify Interpretation
B. Ask intention of counselee

VII. IMPLEMENTATION

A. Establish discipline for change
B. Initiate structure for change
C. Evaluate progress

God's Resources

A. The Spirit of God

B. The Word of God

C. Prayer

D. The Church

Additional *Tools*

E. A Clear Conscience

F. Self Denial and Life of Discipleship

G. Trials

H. The Law

I. Sacraments

J. Worship

Course Evaluation – MBC II

Please evaluate each of the following aspects of the course. Any constructive criticism you would like to make will be most appreciated. You may want to note what was most helpful in each area and what was of the least benefit. Thank you.

Instructor

Lectures

Workshops

Scripture Study

Reading Assignment – *When God Weeps*

Counseling Assignments

Personal Application Questions

Are you considering going on to the next course? Why or Why not?